

Paris Inspired Tour

Sunday - Sunday, April, 2018

FAQ/Policies

WHEN IS THE TOUR?

The tour begins on Sunday and runs through the next Sunday in April, 2018. Exact dates to be announced.

WHAT 'S INCLUDED?

- Welcome dinner on arrival evening
- Mindful practices throughout tour including most mornings at Notre Dame
- Picnic on Champ de Mars
- Dinner cruise on the Seine
- Concert at Sainte Chapelle
- Cooking class at La Cuisine Paris
- Palais Garnier Opera House tour
- Full Day at Versailles
- Round trip train transport between Paris and Versailles
- Museum 4-day pass
- Navigo Decouverte (metro pass for week)
- Guided walking tours through the Marais and Montmartre neighborhoods
- Variety of museum and garden visits
- All of the planning and organizing so you don't have to!
- Your trusted and faithful tour leader

WHAT'S NOT INCLUDED IN THE PRICE OF THE TOUR?

- Travel to and from Paris
- Lodging in Paris (hotel or apartment)
- Transfer between airport and hotel (recommendations can be offered)
- All meals except those noted above
- Extra activities or tours not planned by Mindful Fitness/Inspired Tours

HOW MANY PEOPLE WILL BE ON THE TOUR?

Inspired Tours are small group tours for 6-8 guests. A minimum of 6 guests is required for the tour.

TELL ME MORE ABOUT THE HOTEL THAT'S RECOMMENDED

Hotel Saint-Jacques is a 3-star boutique hotel in the gorgeous Belle Epoque style located in the Latin Quarter on the left bank in the 5th arrondissement. The neighborhood is centrally located just minutes from the Seine and Notre Dame and the hotel is given a 4.5 star rating on Trip Advisor. The closest metro station is 1 block away and the RER station is less than a 10 minute walk. The Velib station (bicycles for rent) is at your front door!

WHAT IF I WANT TO STAY IN AN APARTMENT OR SOMEWHERE ELSE?

If you want to live the Parisian lifestyle and stay in an apartment or if you prefer a different hotel, you may do so. You should be in close proximity to Notre Dame as that's where we'll be beginning most mornings.

I'M TRAVELING ALONE – CAN I SHARE A ROOM/APARTMENT TO REDUCE MY COSTS?

Yes, however there would be no guarantee as it depends on if another single person is attending the tour and willing to share a room/apartment.

WILL I HAVE FREE TIME?

Yes! That is a wonderful element of Inspired Tours. You will have 'follow your heart' free time each day and one full day to yourself.

DOES THE PRICE OF THE TOUR INCLUDE TRANSPORTATION TO PARIS?

No. You are responsible for your travel to and from Paris. Using airline miles is a great way to book your flights and offers flexibility should you need to cancel.

SHOULD I BUY TRAVEL INSURANCE?

It is highly recommended that you purchase travel insurance in case of unexpected circumstances that may cause you to cancel your trip, as well as possible additional costs (airline tickets, loss of luggage, trip delay, medical evacuation, etc.). There are a variety of online companies which offer this including your airline.

Additionally, if a minimum of 6 guests is not met, the tour will be canceled and you will be refunded the price of the tour including the deposit. However, you may wish to have travel insurance to cover the cost of your airline tickets. Or you may decide to still go to Paris!

CAN I ARRIVE EARLY OR STAY LONGER?

Absolutely! In fact, arriving a day or two early would give you time to adjust to the time change and be refreshed at the start of the tour.

FEES AND RESERVATION POLICY

The cost of the tour is \$1,250. To reserve a spot on the tour, a non-refundable deposit of \$500 is required in the form of a personal check or cash along with a signed waiver and completed contract. The balance of the tour is due by February, 2018 and can be paid using PayPal (add 3% for fees) on the website (you do not need to have a PayPal account) or mail a check made payable to Mindful Fitness to PO Box 80711, San Diego, CA 92138-0711. Reservations made after February, 2018 requires 100% of payment at time of booking.

CANCELLATION/REFUND POLICY

If you must cancel, refunds (excluding the non-refundable deposit) are available until [February, 2018](#). After that, there are no refunds or credits unless your spot can be filled. If the tour is canceled by Mindful Fitness for any reason, you will be given a full refund including the deposit.

STATEMENT OF HEALTH AND FITNESS

There will be a significant amount of walking, including hills and stairs and our tour requires a moderate state of fitness. By registering and paying for the tour, you are stating that you can fully and actively participate in the physical activities safely and without any undue hazard to your health.